



September 14, 2019 8:30AM  
Lakeside Park, Fond du Lac

Proceeds to benefit:  
National Alliance on Mental Illness  
Of Fond du Lac

Top Prize:  
\$100 to top finishing male and female  
participants

## Run/Walk Information

- Race Day Registration - 7:00am to 8:15am.
- Participants may register as individuals or teams/families.
- Chip timing will be used for all participants.
- Individual Registration: \$25 before 9/12; \$30 after.
- Team of Four or More: \$20 per person before 9/12; \$25 after.
- Please pay via cash or check made payable to "Horicon Bank's 5K Run/Walk for Wellness."
- No Refunds.
- 2019 Race T-shirts will be available on race day for a \$5 donation to NAMI-FDL.
- Awards Ceremony and refreshments to follow race.
- Mail Registration to Horicon Bank, 854 E Johnson St, Fond du Lac WI 54935.
- For more information call **920.921.3070** or visit our website **[www.horiconbank5k.com](http://www.horiconbank5k.com)**.

## Registration Form

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age (as of 9/14/19) \_\_\_\_\_  Male  Female

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Team Name (if applicable) \_\_\_\_\_

Team Member Names (each team member must fill out own registration)

\_\_\_\_\_  
\_\_\_\_\_

## Participation Waiver

**Waiver:** I hereby absolve and hold harmless Horicon Bank, race officials, and all sponsors from any liability for any injuries incurred by me or my team-mates while participating in the Horicon Bank 5K Run/Walk For Wellness. I further provide that this consent and waiver applies to my heirs, executors or assignees. I give my permission to Horicon Bank to use my photographic image and/or comment for public interest purposes, such as, but not limited to: news releases, brochures, news stories, web site and in other similar context to promote Horicon Bank.

Liability Waiver Signature (or parent if under 18): \_\_\_\_\_